

October

# CSUF HSA NEWSLETTER

OCTOBER 28, 2022 | FALL 2022 VOL. 1

Welcome to the first official HSA Newsletter of the Fall 2022 semester! As midterms season comes to an end and the weather (finally) cools down, we're here to update you with information regarding our club, highlight historical moments, and provide other fun materials. So tuck in, and get ready to enjoy the rest of this semester with us...☺

This month's newsletter will cover the histories of Filipinx American History Month and Halloween, an overview of our events from this month, some officer favorites, and helpful resources on campus.



## *HISTORY OF...* FILIPINX AMERICAN HISTORY MONTH

Written by Jasmine Raine Rivera

October marks the month that Filipinos first arrived in the United States in 1587. These are the origins of October as Filipinx American History Month, often shortened to FAHM, which has been nationally recognized in the United States since 2009. FAHM was first introduced in 1992 by Drs. Fred and Dorothy Laigo Cordova in a resolution from the Filipino American National History Society. FAHM highlights contributions of Filipinx Americans to United States literature, history, science, culture, and society. It also aims to bring awareness to the “effects of colonialism and war, labor, [and] global migration” on Filipinx Americans and struggles in the community as it is today.

Presently, over 4.1 million Filipinx Americans reside in the United States, making up the second largest Asian American ethnic group in the U.S. and the third largest ethnic group overall in California. Filipinx American History Month celebrates Filipinx American culture and identity, and encourages a sense of togetherness and community amongst the diasporic population in the United States.

Sources: [Filipino American National History Society](#), [City of San Diego Public Library](#)



## *HISTORY OF...* HALLOWEEN

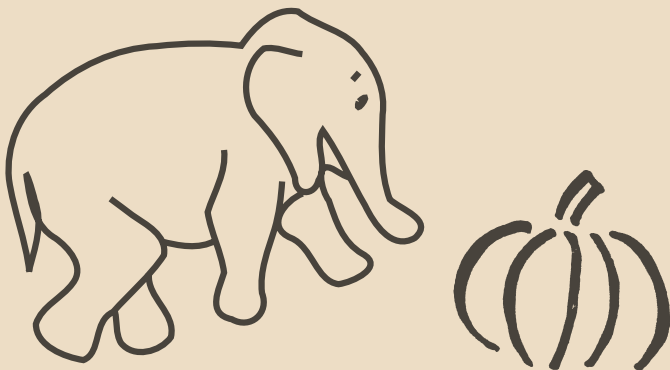
Written by Jesus Eugenio

Halloween has been a notorious holiday for a majority of individuals in our country for numerous reasons. Whether it's the fact that you get to dress up in your favorite costume, trick-or-treat around your neighborhood, have a scary movie marathon, or better yet eat all the candy your mouth could fit, Halloween can be argued as one of the best holidays in the United States. Even though a majority of people enjoy this day for all its festivities, not a lot of people know the history behind where it all began. Do you know where Halloween first began? Well, today is your lucky day because we are going to discover all of that right now.

The Halloween holiday can date back to its roots in the Celtic festival of Samhain, and it was a celebration where people would light bonfires and wear costumes to ward off ghosts and welcome the harvest at the end of the summer. During the eighth century, Pope Gregory III made November 1 a time to honor saints called All Saints Day. Soon after All Saints Day came to incorporate the traditions that were held under Samhain. The evening before All Saints day was known at first as All Hallows Eve. Eventually, this became the Halloween we all know today!

So, when thinking about how Halloween is celebrated today in our society, you can now refer back to where it all began during the eighth century. Anyways, Happy Halloween everybody!

Source: *The Origins of Halloween Traditions* by Heather Thomas



# HSA MONTHLY REVIEW

October 2022



This September and October, we finally kicked off the semester with a few events. On September 26, we held a Meet & Greet, where we played games, gave away prizes, and ended the night with dancing. On October 3, 2022, we hosted a virtual Latinx Heritage Month Movie Night of *I'm No Longer Here (Ya No Estoy Aqui)*. Finally, on October 19, 2022, we held a Halloween social with spooky painting, movies, and food. A big thank you from all of us at HSA to everyone that attended, and we can't wait to see you at our upcoming events!

## UPCOMING EVENTS

**11/14/2022 (MONDAY):**  
Bowling Night Social  
6PM

**TBD:**  
[POSTPONED] Careers in  
History Panel



# OFFICER FAVORITES: HALLOWEEN MOVIES

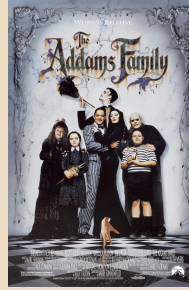
Chris



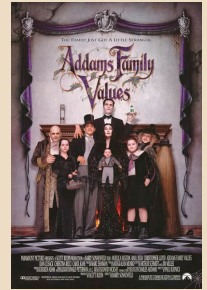
Lila



Izzy



Priscilla



Alexis



Jesus



Ross



Jasmine



## RESOURCES ON CAMPUS

### CSUF Financial Aid Office

<https://www.fullerton.edu/financialaid/>

### CSUF CAPS

<https://www.fullerton.edu/caps/>

### CSUF Men of Color in Education

<https://ed.fullerton.edu/cct/diversify-teaching/about-the-program.php>

### CSUF Titan Future Teachers

<http://ed.fullerton.edu/cct/titan-future-teachers>

### CSUF Scholarship Opportunities

<https://www.fullerton.edu/financialaid/general/scholarships.php>

### CSUF ASI Services

<https://asi.fullerton.edu/services>

### CSUF DIRC

<https://www.fullerton.edu/dirc/>

### CSUF Student Software

<http://www.fullerton.edu/it/students/software/>

## STAY CONNECTED!

Follow us on Instagram and join our Discord for all information about upcoming events and future opportunities. Feel free to email us for any further inquiries.



Email: [hsacsuf@gmail.com](mailto:hsacsuf@gmail.com)



Instagram: [@hsa\\_csuf](https://www.instagram.com/hsa_csuf)



Discord Link: <https://discord.gg/dKKdFES6>